



## February 11<sup>th</sup> - Bring your kids to Make a Valentine from 3-5 Pm at the Pelican Coast Welcome Center. Cookies and juice will be served.



**Patrick Family Housing**  
[www.Patrick-Family-Housing.com](http://www.Patrick-Family-Housing.com)

Welcome Center  
453 Shrike Drive  
(321) 779-9785  
M-F 8:00-5:00

Leasing Office On-Base  
1060 S. Patrick Drive  
(321) 613-3810  
M-F 8:00-5:00

Maintenance Office  
5446 Stormy Lane  
(321)799-9454  
M-F 8:00-5:00

**Patrick Family  
Housing Staff**

**Community Director**  
Brenda Haynes

**Assistant Community Director**  
Nancy Free

**Leasing Agents**  
Glenda Cruz  
Maribel Davila  
Lindsay Ensell

**Project Remediation Coordinator**  
Frances Worden

**Maintenance Director**  
Michael Knight

**Assistant Maintenance Director**  
Michael Alf

**Resident Specialist**  
Mary Hughes

**Maintenance Staff**  
Ron Reigel  
Jason Villafane  
Robert Glover  
Dave Pena  
Ben Knowlton  
Richard Randall

### Hunt Update

#### Valentine's Day

Valentine's Day can be so much more than candy and flowers. How about taking care of your heart? Find a workout buddy and work out together. Insert a few more good-for-you meals into your rotation. Taper off holiday sweets by making every other day treat-free. Try an unfamiliar fruit or vegetable.

Take a walk. Short distances add up, and even one with many stops for dogs or kids is better than nothing. Bundle up and get outside on cold, sunny days – you'll feel better!

What better gift than being healthy and happy for those you love?



Valentine's Day can be a bright spot in a dreary month. What acts of kindness or gratitude will you perform?

### Maintenance 321-779-9785 or 321-634-2030

February seems so long for a short month...

Let's talk about winter driving. Whether that means rain or snow in your area,...

- Slow down and leave plenty of room between you and the car in front of you
- Stopping distances increase – slow down for intersections, turns and other traffic early
- If you skid or hydroplane, look and steer in the direction you want to go. Avoid sudden braking.
- Accelerate and decelerate slowly
- Avoid using cruise control on wet or slippery surfaces
- Ensure tires are properly inflated
- Carry an emergency kit
- Always wear a seat belt
- If conditions warrant, stay home

# FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 <b>Valentine Candy Day</b>	5	6
7	8	9	10	11 <b>Bring your kids! Make a Valentine Event Valentine Candy Day</b>	12	13
14	15	16	17	18 <b>Valentine Candy Day</b>	19	20
21	22	23	24	25 <b>Valentine Candy Day</b>	26	27
28	29					

## Calendar Events

- **February - Every Thursday** - Valentine Candy Day.
- **February 11, 3-5pm** - Bring Your Kids to Make a Valentine, Located at the Pelican Coast Welcome Center  
Cookies and juice will be served.